



September

Please note the identification of foods that can cause an allergic reaction in some people. See symbols below.

Student Lunch: (PK-5) - \$2.70 (6-8) - \$2.80 (9-12) - \$2.90
Student Breakfast: PK-6 - \$1.70 (7-12) - 1.80 Milk - \$.50
Adults: Lunch \$3.65 Breakfast - \$2.25



Milk and 100% juice or fruit served with breakfast. Skim white, skim chocolate, or 1% white milk served with lunch.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
 Choose MyPlate.gov	Students in grades 4-6 may purchase extra servings of fruits, vegetables, and breads and entrée' items.. Additional items are available at the Jr./Sr. High School, changing daily, and limited to availability. ALL STUDENTS MUST HAVE MONEY IN THEIR ACCOUNT TO PURCHASE A LA CARTE ITEMS. Parents may block or limit the purchase of a la carte items by entering desired option(s) in Student Dining, or by calling the school secretary. Extra Fruit and Vegetables Served Daily				
3 No School LABOR DAY	4 Chicken Sandwich 12 Bun Broccoli Tossed Salad Apples <i>French Toast</i>	5 Early Dismissal 1:05 Corn Dog Baked Beans Cucumber slices peaches <i>Sausage* / English Muffin</i>	6 Maidrite Bun Sliced Tomato Green Beans Slushie <i>Waffles</i>	7 Cheese Bread Sticks w. marinara sauce Corn Baby Carrots Mandarin Oranges <i>Breakfast Wrap</i>	
10 MW Hot Dog HS Grilled Chicken Bun Green Beans Sliced Peppers <i>Sausage Pancake*</i>	11 Tacos 2 corn shells Romaine Salad Refried Beans Strawberries Cinnamon roll <i>Waffles</i>	12 Chicken Noodles Bread Stick Peas Fresh Baby Carrots Pears <i>Muffin/Yogurt</i>	13 Baked Potato Cheese Sauce Broccoli Cottage Cheese Bread /Butter Peaches <i>Omelet & Toast</i>	14 Chicken Tenders & Bread and Butter PK-3 rd Chicken Wraps 4 th -12 th Corn Romaine Salad Pineapple <i>Breakfast Pizza</i>	
17 Cheeseburger Bun French Fries Tossed Salad Roasted Chickpeas Melon <i>Sausage Pancake*</i>	18 Orange Chicken Rice Pilaf Bread & Butter 1/2 Stir Fry Vegetable Blend Celery Sticks Pineapple <i>French Toast</i>	19 Early Dismissal 1:05 Pepperoni French Bread Pizza - Tossed Salad Cucumber or Pepper Slices Applesauce <i>Waffles</i>	20 Salisbury Steak Mashed Potatoes Gravy Dinner roll Fresh Broccoli Mandarin Oranges <i>Bagel w. cream cheese</i>	21 Meatball Sub HS Meatballs Bread and Butter MW Green Beans Carrot Sticks Slushie <i>Breakfast Casserole</i>	
24 Crisпитos Cheese Sauce Green Beans Baby Carrots Pears <i>Sausage Pancake*</i>	25 Breaded Chicken Bun Tomato Slices California Blend Cinnamon Apples <i>Omelet/Toast</i>	26 Italian Dunkers Cheese Bread Corn Pepper Strips Grapes <i>Sausage/Cheese Muffin</i>	27 Chicken Nuggets Mashed Potatoes Gravy Broccoli Dinner Roll Mandarin Oranges <i>Frudel and Yogurt</i>	28 Stuffed Crust Pepperoni Pizza 3 Tossed Salad Cherry Tomatoes Pineapple <i>Breakfast Pizza*</i>	

Menus subject to change.* May contain pork † May contain chicken or turkey

Confidential Free and Reduced Price meal applications available by contacting the administrative office at 668-1059. This institution is an equal opportunity provider.